

# RURAL KINGSTON FAMILY HEALTH ORGANIZATION (RKFHO)

## RURAL LIVING NESTLED IN THE TREES AND AMONGST THE LAKES

The Rural Kingston Family Health Organization (RKFHO) is a group of small town clinics spanning rural townships of Lennox and Addington and Frontenac Counties. The group of clinics is one of the first primary care enrollment model funded groups in the province.

It is currently made up of nine physicians and has clinics in Tamworth, Newburgh, Verona, Sydenham, and one physician associated with the Sharbot Lake FHT.

## PROFESSIONAL QUALITY OF LIFE

The RKFHO provides opportunities to work with a collegial group of physicians within clinics that are well established with experienced physicians and staff.

- » Work independently in a rural practice while having access to subspecialists just 30-45 minutes away
- » Opportunities for focussed practice work including ER, anesthesia or hospitalist at local community hospitals
- » Option to teach Queen's University medical students or residents
- » Leadership opportunities available within the FHO or the local Ontario Health Team
- » Access to high quality CME in Kingston and Ontario

## ALLIED HEALTH SUPPORTS

Rural Frontenac, Lennox and Addington Allied Health Team (RFLA-AHT) provides allied health support to patients of RKFHO and two other FHO's in Napanee. The team is currently working to align different allied health resources to ensure equitable access.

RFLA-AHT funds;

- » social workers, dietitian, kinesiologist, certified respiratory educator, practical assistance worker, nurse, physiotherapist, digital connector, IT support

Other partnerships provide access to;

- » asthma education, diabetes education, women's counselling, mental health supports, community paramedicine as well as NP's and nursing



## PERSONAL QUALITY OF LIFE

### CLOSE TO HIKING, CAMPING, AND FISHING IN NEARBY PROVINCIAL PARKS

Enjoy rural life with walkable villages with rural charm, locally grown foods, and nearby provincial parks. Families benefit from nice small, local schools and short commutes.

With Kingston nearby, you're also close to an excellent cultural hub with amazing restaurants. For those that want to access big-city amenities, Toronto, Montreal, and Ottawa are within a few hours drive.

## CLINICS



**Tamworth** | 52 Concession St S  
Peaceful location set in the woods adjacent to a river with two physicians.



**Verona** | 6582 Highway 38  
Currently one physician with part-time assistance but recruiting a full-time partner. On the K&P multi-use trail close to restaurants and shops.



**Newburgh** | 5 Earl St  
Beautiful little clinic overlooking a river with two physicians.



**Sydenham** | 3113 Rutledge Rd  
New office built in 2017 with three physicians.